

AMS 6th, 7th, and 8th Grade PE Policy

We hope the year will be enjoyable and positive. In keeping with the “The Papermaker Way” which asks students to be respectful, responsible, and prepared for class; we ask that you review our class goals, expectations, and policies. Thank you for taking the time to review our policies.
Mr. Carroll, Mr. Thomas, and Mrs. McCarthy.

Alexander Middle School (715)-886-8040

Mr Carroll - jim_carroll@nekoosa.k12.wi.us

Mr. Thomas- josh_thomas@nekoosa.12.wi.us

Mrs. McCarthy- amy_mccarthy@nekoosa.k12.wi.us

Class Goals / Objectives

- Participate in a variety of games, sports, and activities.
- Advance levels of coordinated movement patterns such hopping, skipping, karioka, etc.
- Advance levels of fundamental skill habits such as opposition when throwing and kicking.
- Assess personal levels of fitness for areas of strength and weakness.
- Develop and demonstrate the ability to participate in activities in an independent and cooperative manner.

Appropriate Clothing / Apparel

- Students in grades 6, 7, and 8 must wear athletic shoes, T-shirts, and or sweatshirts, shorts, or sweatpants appropriate for activity and climate. Clothes must be different than the ones worn to school.
- Undergarments and midriff areas should be covered. If you are wearing this type of apparel, you will be asked to change.
- Expect to go outside during the months of September, October, January, and February, April, May, and June.

*Gloves and a hat are recommended for X/C skiing and snowshoeing in January and February.

*We do make adjustments on special days such as picture days and concert days.

Absences

Our goal is to be active for about **20-30 minutes** at an intensity level that causes us to **breathe hard and/or sweat.**

- When a student is absent we encourage a make-up. To receive credit for absences from class, they must be made up.
- Students who provide parent/guardian notes excusing their participation are required to make up their non participation to receive credit.
- Students can take home a make-up sheet. Directions are on the sheet and require a parent signature for grade credit. A maximum of **6 take home make-ups per quarter** are possible unless there are special circumstances which can be addressed on an individual basis.

Medically Excused from Participation

- Doctor's excuses are required for non participation and **no make up** is required.
- In order to return to participation, **“a doctor's release or parent release is required.”**

Disciplinary Procedures

When a student does not meet expectations for conduct or participation in class, we will follow this series of steps:

1. Reminder of the expectation.
2. Huddle up or 2nd reminder.
3. Take a break.
4. Contact the parent either through e-mail or phone call to make them aware of the problem.
5. If problem occurs again, referral to the office.

Grading Procedures / Assessment

Grades in 6, 7, and 8th physical education classes are based on:

- Daily participation 70% of the total grade
- Assessments 30% of the total grade *Assessments include written tests, skill assessments, and journal

Grading Scale- follows the school grading scale

Students earn their daily participation grade by:

- Prepared for class: change of clothes, appropriate shoes
- Sportsmanship
- Cooperation
- Citizenship
- Teamwork
- Integrity
- Excellence
- Persistence

Class Guidelines

- Students are given 4 minutes at the beginning of the class period to change clothes and arrive in the gym.
- Students are given 4 minutes at the end of class to change their clothing. Towels and showers are available.
- Cell phone use will follow school policy.
- Use PE equipment in a safe and appropriate manner **with** supervision.

Locks, Lockers, and Lost or Damaged Equipment

- **Locks** are issued to students in grades 6, 7, and 8, free of charge. If a lock is lost, the replacement cost is **\$6.50** to be paid by the student. Only school issued locks are allowed.
- Keep your combination confidential.

Student Name _____